

Sticky chicken wings with honey-lime glaze

Total time 655 mins 20 mins preparation time 35 mins cooking time 600 mins marinating time

Nutritional facts (per portion):

2761 kJ / 660 kcal

INGREDIENTS

2 portion(s)

Meat:

6 chicken wings

2 tsp Kikkoman Naturally

Brewed Soy Sauce

1 tsp dried garlic powder1 tsp garam masala powder

0.5 tsp ground black pepper

Sauce:

30 g plum puree or plum jam

60 ml honey

3 tbsp Kikkoman Sauce for Rice

- sweet

1 tbsp Kikkoman Naturally

Brewed Soy Sauce

1 tbsp lime juice2 tbsp ketchup1 tbsp mustard

To serve:

50 g roasted peanuts

2 tbsp chives

Fat: **36 g** Protein: **53 g** Carbohydrates: **34 g**

PREPARATION

Step 1

6 chicken wings - **2 tbsp** Kikkoman Naturally Brewed Soy Sauce - **1 tsp** dried garlic powder - **1 tsp** garam masala powder - **0.5 tsp** ground black pepper

Season the wings with the spices and Kikkoman Soy Sauce, ensuring they are well-coated, then wrap in cling film. Refrigerate overnight (8 – 10 hours).

Step 2

Barbecue the wings over a high heat (220 - 230 °C) for 3 - 4 minutes until they have a nice charred colour, then reduce the heat to 160 – 170 °C and move the wings to the edge of the grill to avoid excessive heat. Cover with the barbecue lid and cook for a further 30 minutes.

Step 3

30 g plum puree or jam - **60 ml** honey - **3 tbsp** Kikkoman Sauce for Rice - sweet - **1 tbsp** Kikkoman Naturally Brewed Soy Sauce - **1 tbsp** lime juice - **2 tbsp** ketchup - **1 tbsp** mustard Mix all the ingredients well to produce a nice, glossy sauce.

Step 4

50 g roasted peanuts - **2 tbsp** chives Glaze the wings with the sauce prepared in step 3, ensuring they are well coated.

Crush the peanuts in a mortar and sprinkle over the wings. Chop the chives and scatter over the wings, too.