

# Grilled roast beef pastrami style

Total time **780 mins 15 mins** preparation time **45 mins** cooking time **720 mins** marinating time

Nutritional facts (per portion):

3529 kJ / 843 kcal

# **INGREDIENTS**

2 portion(s)

**1 cup** brown sugar

**250 ml** Kikkoman Naturally

**Brewed Soy Sauce** 

**100 ml** Kikkoman Mirin-Style

Sweet Cooking

Seasoning

250 ml water

**400** g beef sirloin (or brisket)

**Seasoning:** 

1 tbsp granulated garlic
1.5 tsp ground pepper
1 tsp ground coriander
1 tsp ground ginger

For serving:

gherkin

8 small slices of light-

coloured bread

2 tbsp mustard100 g sauerkraut1 tsp honey

Fat: **35** g Protein: **64** g Carbohydrates: **67** g

# **PREPARATION**

### Step 1

1 cup brown sugar - 250 ml Kikkoman Naturally Brewed Soy Sauce - 100 ml Kikkoman Mirin-Style Sweet Cooking Seasoning - 250 ml water - 400 g beef sirloin (or brisket) Mix the brown sugar, Kikkoman Soy Sauce, Kikkoman Mirin-Style Sweet Seasoning and water.

Kikkoman Mirin-Style Sweet Seasoning and water. Place the meat in the marinade and refrigerate for 1 - 2 days.

#### Step 2

**1 tbsp** granulated garlic - **1.5 tsp** ground pepper - **1 tsp** ground coriander - **1 tsp** ground ginger Once the meat has marinated, take it from the fridge and lift it from the marinade. Season from all sides with the dry spice mixture.

## Step 3

Place the meat on the barbecue or grill and let it cook for 30 - 40 minutes, turning occasionally depending on the desired level of doneness. Allow the meat to stand for 10 minutes or longer after cooking, then cut into thin slices.

#### Step 4

**1** gherkin - **8** small slices of light-coloured bread - **2 tbsp** mustard - **100 g** sauerkraut - **1 tsp** honey Fry the sauerkraut with the mustard and honey.

Serve the slices of meat with the fried sauerkraut and sliced gherkin on bread spread with mustard.